

OCTAVIA TEA

TEA'S HEALTH BENEFITS

Tea contains some of nature's most potent antioxidants... Antioxidants play an important role in maintaining health by preventing free radicals (unstable molecules) from causing damage to cells, which can lead to disease, aging, and cancer.

We select and blend each tea with flavor, freshness, and health benefits in mind.



OCTAVIA TEA

*Jun Chiyabari Organic Tea Garden,
Himalayan Mountains, Nepal (our
source for Himalayan Imperial Black)*



Your source for garden-direct teas...

As with wine, tea develops unique flavor characteristics based on its *terroir* - the environment in which it is grown. With practice, tea connoisseurs can differentiate between region-of-origin and even season-of-harvest just by taste. We source our teas from top gardens around the world; our award-winning teas represent the freshest, highest-quality available. Experience the difference!

OCTAVIA TEA

STRESS RELIEVING PROPERTIES

You may notice that drinking tea feels nurturing and comforting...

This is not your imagination! Scientists have discovered that theanine, a rare amino acid found exclusively in high-quality tea, promotes mental and physical relaxation, improves mood and reduces anxiety. Theanine may also increase concentration, improve memory, combat PMS and regulate blood pressure.

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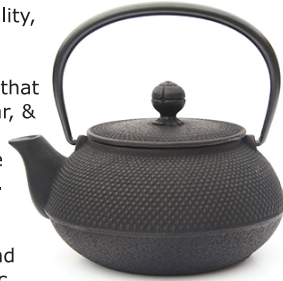


Experience some of the world's best teas...

Octavia Tea offers the highest quality, freshest, best-tasting teas available.

Each tea has a unique flavor and style that reflects its vintage, origin, plant cultivar, & artisanal method of manufacture. We encourage our customers to appreciate gourmet tea as they would a fine wine.

Octavia Tea is a socially and environmentally conscious company and uses only the finest natural and organic ingredients.



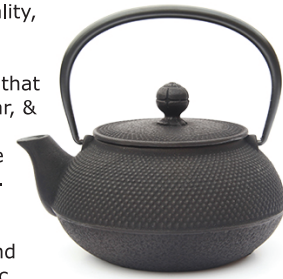
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TEA & HEALTH

ACCORDING TO SCIENTIFIC STUDIES, A DAILY CUP OF TEA:

Reduces the risk of heart attack by 44%
(Harvard study)

Lowers bad LDL cholesterol by up to 11%
(US Dept. of Agriculture / MSNBC)

Slows age-related brain function decline
(American Journal of Clinical Nutrition)

Combats arthritis & improves bone density
(Health Magazine)

Lowers risk of cancer and kills cancer cells
(Consumer Reports)

Improves immune system functioning
(Prevention)

Reduces physical signs of aging
(TIME Magazine)

Aids weight-loss & burns fat
(American Journal of Clinical Nutrition)

Reduces abdominal fat deposits
(Nutrition and Cancer)

Fights bad breath & allergies
(Web MD)

**At Octavia Tea, we select and blend each tea with
flavor, freshness, and health benefits in mind.**