

PROTECTIVE ANTIOXIDANTS

Tea contains some of nature's most potent antioxidants. Antioxidants play an important role in maintaining health by preventing free radicals (unstable molecules) from causing damage to cells, which can lead to disease, aging, and cancer.

TEA & STRESS RELIEF

You may notice that drinking tea feels nurturing and comforting. This is not your imagination! Scientists have discovered that theanine, a rare amino acid found exclusively in high-quality tea, promotes mental and physical relaxation, improves mood and reduces anxiety. Theanine may also increase concentration, improve memory, combat PMS and regulate blood pressure.



Reduces the risk of heart attack by 44%
(Harvard study)

Lowers bad LDL cholesterol by up to 11%
(US Dept. of Agriculture / MSNBC)

Aids weight-loss & burns fat
(American Journal of Clinical Nutrition)

Combats arthritis & improves bone density
(Health Magazine)

Lowers risk of cancer and kills cancer cells
(Consumer Reports)

Improves immune system functioning
(Prevention)

Reduces physical signs of aging
(TIME Magazine)

Slows age-related decline in brain function
(American Journal of Clinical Nutrition)

Reduces abdominal fat deposits
(Nutrition and Cancer)

Fights bad breath & allergies
(Web MD)